

Travel During the COVID-19 Pandemic

Current Travel Recommendations and Requirements

Follow all [CDC travel requirements and recommendations](#). Check for any travel restrictions that state, local, or territorial governments may have in place.

Unvaccinated Persons Traveling Domestically

Travel increases your chances of spreading and getting COVID-19. Delay travel and stay home to protect others and yourself from COVID-19.

If you **must** travel, take steps to protect others and yourself:

- If you are eligible, get fully vaccinated for COVID-19.
- Before you travel, get tested with a viral test 1-3 days before your trip.
- Wear a mask over your nose and mouth when in public. **Masks are required** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who did not travel with you.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Get tested 3-5 days after your trip and stay home and self-quarantine for a full 7 days after travel, even if your test is negative. If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- Follow all state and local recommendations or requirements.

Vaccinated Persons Traveling Domestically

People who are fully vaccinated with an FDA-authorized vaccine can travel safely within the United States.

If you are fully vaccinated, take the following steps to protect others if you travel:

During Travel:

- Wear a mask over your nose and mouth. **Masks are required** on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and in U.S. transportation hubs such as airports and stations.
- Avoid crowds and stay at least 6 feet/2 meters (about 2 arm lengths) from anyone who is not traveling with you.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).

After Travel:

- Self-monitor for COVID-19 symptoms; isolate and get tested if you develop symptoms.
- Follow all state and local recommendations or requirements.